



Getting the Reps with: Super Bowl MVP Hines Ward

Struggling with Identity

Key Takeaways

- Growing up as a biracial kid, Hines struggled to fit in because he wasn't part of any one group.
- There's a lot of bullying and teasing in high school towards kids who are different in some way.
- Help people feel comfortable. Spark up a conversation with someone in your classroom and get to know them.
- We live in a world with so much negativity and there will be people who don't like you but don't give them the power to keep you from being who you are.

Things to Think About

- What are some things you've heard people say or ways you've seen people act that might make others ashamed to be different?
- How might you make people feel more comfortable?

Ways to Practice

- Pick one person you don't know well who you're going to spark up a conversation with this week.
- Notice when people are being teased or excluded for being different. Pick something you could do that will make them feel more comfortable.

